



Athletic Program Strategic Plan for Development 2009

The Bishop Machebeuf High School Mission

Based on the foundation and heritage of Bishop Joseph P. Machebeuf, our mission is to be an academic community of faith that strives to form the hearts, minds, bodies, and souls of our students in the Gospel of Jesus Christ and the living tradition of the Catholic Church.

Overview: Athletics is an important part of the culture at BMHS, and over 60% of all students participate in one or more sports. There are currently nineteen athletic teams at BMHS, and each has a unique set of objectives yet all are planned to contribute to the development of the whole person in coordination with the strategic mission. The key stakeholders in the implementation of the Athletic Program includes the student body, Faculty, Administration, Coaches, Athletes and the Parents who volunteer in support of the athletic programs. In addition, the BMHS Booster Club is a parent managed organization that works with the stakeholders and provides financial assistance and volunteer coordination to all sports programs at BMHS. The Athletic Director works closely with the Booster Club throughout the year to oversee the objectives for each sport.

Organizational Structure: All teams and the programs managed by the respective head coaches are governed by the Colorado High School Activities Association rules and guidelines for participant eligibility, practice schedules, season periods, game management, and rules of each game. The Athletic Director is a BMHS employee with full responsibility to maintain the eligibility of teams, players, and the conduct of the coaches in relation to the CHSAA governing requirements. The Athletic Director reports to the Principal, has a full year position, and requires staff and parental support to meet the demands of the position. All head coaches report to the Athletic Director. The coaching staff for each sport must meet the criteria as set forth by CHSAA and BMHS to coach the student-athletes in games or practices during the season or in the off-season programs.

Athletic Department Budget: The Athletic Director oversees a common budget across all sports with income generated from participation fees, entry fees, annual fundraising events, and donations from individuals and businesses to break even with the standard costs of equipment, transportation, uniforms, and other items. The Booster Club earnings supplement the current department needs. Past purchases include buses, banners, warm-ups, scoreboards, and additional items used by the sports teams. The Booster Club fundraisers include an annual golf tournament, game concessions, and spirit wear sales. Parent volunteer opportunities are available for the Booster Club, and meetings are held monthly on the first Monday of each month.

Communication and Documentation: Each head coach provides an annual Objective Form and Participant Rules for placement on the subject sport's web page. The Rules for Participation vary slightly for each sport, but all are governed by CHSAA rules, BMHS student handbook, and individual coaches. In addition, coaches may provide written evaluation of their participants to assist them with off-season development and summer conditioning and improvement.



Strength and Conditioning: A centralized plan for each student-athlete will be coordinated with the head coaches of the sports that he/she plays. Core strength will be emphasized for all student-athletes based on their sport of participation. The S&C plan will include posted progress charts for all exercises with data-based improvement. The S&C Plan will be developed and implemented as a separate but coordinated effort from any particular sport.

Interscholastic Sports at BMHS:

FALL		WINTER		SPRING	
Men's	Women's	Men's	Women's	Men's	Women's
Football	Cheer	Basketball	Basketball	Baseball	Golf
Cross Country	Cross Country	Hockey		Track	Track
Golf	Volleyball			Lacrosse	Soccer
Soccer	Softball				Tennis
Tennis					

Each team has a paid head coach. Based on student-athlete participation, most teams have paid and/or volunteer assistant coaches with oversight approval from the Athletic Director. Track and Cross Country have a common head coach for the men's and women's teams, and they practice and compete together at their joint meets.

Student-Athletes at BMHS:

Student-athletes earn their right to compete in interscholastic sports at BMHS by meeting the following guidelines:

- Adhere to CHSAA eligibility requirements
- Stay current on tuition and sport specific fees
- Provide the school with proof of physical health via doctor's signed exam and parental waiver
- Maintain passing grades on a weekly basis
- Meet team eligibility requirements concerning practice participation, attitude, team discipline, as well as strength and conditioning as set forth by each head coach
- Represent BMHS with proper dress & demeanor on and off the field especially when traveling to and from away games
- Support the sport specific requirements for volunteer work, leadership, social rules, and participation in any off-field activities

Coaches, Teachers, and Administrators at BMHS:

Emphasize a positive learning environment for the Student-Athletes by providing the following:

- Enforce the rules of participation fairly and equally as documented in the annual objectives form detailed by each head coach as well as the student handbook
- Schedule the games, and practices to focus on academic activity first and foremost, yet providing flexibility so the competitors can excel on the field also
- Maintain the athletic facilities, uniforms, and equipment for a safe and respectable presence in all sports
- Provide safe transportation of the student-athletes to and from all events

