



2009-2010 Baseball Plan

Mission Statement

Develop spiritually strong student-athletes who are committed to achieving excellence in the classroom, on the field, and in the community.

Program Goals:

- Field a successful team:
 - On the field at the Varsity and Junior Varsity level
 - In the classroom
 - In the community
- Provide each player with the opportunity to learn, develop, and improve baseball skills on the daily basis.
- Provide each player with an atmosphere that encourages spiritual, mental, social, and emotional maturity.
- Open doors for college advancement

Spring Season Goal:

- Winning regular season record
- Top 16 in state playoff berth
- Elite 8 playoff
- **Win State Championship**

Sportsmanship

As a Bishop Machebeuf High Baseball Player, you not only represent yourself, but also your school, your parents, the athletic program, the BMHS baseball program, and your community." Your performance and success will not only be measured by wins and losses, but also by your conduct in the classroom, in the community, and in the dugout.

Player's Expectations "On" and "Off" the Field:

- Strive for excellence in the classroom.
- Show up on time and be prepared for all games and practices
- Work hard.
- Maintain a positive attitude.
- Dedicate yourself to improvement everyday.
- Put the TEAM ahead of personal goals.
- Respect your coaches, teammates, opposing teams and officials.
- Encourage your teammates.
- Players should never throw, kick, or abuse a batting helmet or any other piece of equipment. THIS IS UNACCEPTABLE



- All equipment will be treated with respect and kept clean.
- Uniform and spikes should be cleaned before every game.
- Discuss questions or concerns with your coach in a positive, mature manner.
- Represent the program appropriately on the field, in the classroom and in the community.
- Remember your priorities. God and family first, academics second, athletics third.
- Strictly adhere to "School Eligibility" requirements.
- Participate in all baseball programs (Summer and Fall)
- Participate in off season conditioning program(s)
- Check the team line (303) 988-8086 to ensure attendance of all meetings and practices
- Be a positive role model and good citizen of BMHS
- Understand and follow school policies at all school and team events.
- Understand and follow the Athletic Code of Conduct and all Team Rules.
- Any player unable to attend a practice or game must directly notify his coach. Do not send a message with a friend.
- Unexcused absences from a practice or a game will result in a loss of position and or playing time and possible further discipline.

Baseball Program Communications Plan:

When a player or parent has questions or concerns regarding the program or a player's individual role on the team, it is important to keep in mind the following communications process that has been adopted by the baseball program. This process provides an effective and efficient progression, focused on solving any problem that may develop throughout the season.

Four Step Action Plan

STEP 1. The concerned player should approach his immediate head coach to schedule a time to discuss his questions or concerns. If the player does not feel comfortable and satisfied with the outcome of this meeting, he should move forward with Step 2.

STEP 2. The concerned player should request a meeting involving himself, his immediate Head Coach and the Varsity Head Coach. If the player does not feel comfortable and satisfied with the outcome of this meeting, he should move forward with Step 3.

STEP 3. A meeting involving the player, the necessary BMHS baseball coaches and parent(s)/guardian(s) should be requested via e-mail. This e-mail should include a brief explanation of the player/parent concerns. If this meeting does not resolve the situation, the player and his parents should then move forward with Step 4.

STEP 4. A meeting should be requested involving the player, appropriate BMHS baseball coaches, parent(s)/guardian(s), and the Athletic Director. If all the parties involved are still not comfortable with the outcome of this meeting, additional alternatives should be discussed to resolve this matter.



Additional Information

1. All discussion should focus on *individual* questions or concerns.
2. The performance and ability of other players will not be a subject of discussion. This is contrary to our team values of mutual respect and support.
3. Before leaving any meeting, be sure to clarify and summarize your thoughts and feelings. This will ensure that everyone involved has a clear understanding of the meeting's outcome.

Parents of Baseball Student-Athletes:

Contribute to the growth of their student-athletes and success of each sport by:

- Know and understand the sport specific objectives, participation requirements, and student handbook guidelines
- Be a “team” fan not a “my kid” fan
- Don’t instruct your child or other parent’s children, this may conflict with the Coaches plans and strategies.
- Attend the mandatory pre-season meeting with the Athletic Director, and head coach for each sport of participation of their student-athlete
- Be a positive advocate while attending the games, and afterward when discussing the game with their student-athlete
- Provide volunteer service as requested by the head coach of each sport which may include:
 - Taking digital photographs and sending them to the school for sharing on the web site, & sports books
 - Working different fund raising opportunities and concession stand
 - Donate time and talents when and where team needs them
 - Supporting game time activities for field maintenance, etc.
 - Planning and organizing end of season banquets

Coordination of other parents to support the requests of the head coaches

Summer Ball Program:

Create a financially sustainable program that ensures growth of all participants.

- Play 45-55 games (with more focus on 4A and 5A teams this season)
 - Win all tournaments entered
 - 20-30 Games in tournaments (Mert Letofsky Tourney plus others)
 - 20-30 Games in Double Header format
- Develop player skills
- Grow as team, develop culture of winning



Summer Ball Program Financial Goals

An important piece of the Summer Ball program is to help fund the business of baseball at BMHS. This is accomplished thru concession stand sales and various other fund raising opportunities.

2009/2010 Summer Ball Financial Goal

\$10,000

Wish List for 2009/2010

- Team Helmets, catchers gear and bats
- New nets for Big Boy and cages, plus more training equipment
- New bases and continual field maintenance and upgrades
- Increase Summer Ball Coaches pay from \$1000 to \$1500

Keys to Winning

If our team shows the ability to follow this philosophy, we will always be in position to win. We may not win them all but we will have given ourselves the chance.

I. TEAM

- A. Play hard
- B. Practice harder
- C. Trust one another
- D. Believe in one another
- E. Play with confidence
- F. Pick each other up
- G. Make the other team beat you
- H. Execute
- I. Keep a positive attitude

II. PITCHERS

- A. Challenge hitters
- B. Throw strikes
- C. Work ahead of hitters
- D. Keep ball down
- E. FOCUS

III. DEFENSE

- A. Make the routine plays
- B. Remember, great plays happen, routine plays win ballgames
- C. Deny the big inning
- D. Take away individual hitters' tendencies
- E. Cover every base
- F. FOCUS

IV. OFFENSE

- A. Focus on one pitch at a time
- B. Swing at strikes
- C. Hit line drives and hard groundballs to all fields
- D. Run the bases with the desire to always take an extra base
- E. Do not miss signs

“OFFENSE WINS GAMES, PITCHING and DEFENSE WIN CHAMPIONSHIPS”



Important Dates

November 9, 2009

First Baseball meeting for all parents and players

February 22nd 2010

First Day of Spring Practice

March 14th thru 19th

Spring Break: practices and league games scheduled

April 16th

All players commit to summer baseball

May 1st and 2nd 2010

BMHS Varsity Baseball in first round of 3A District Playoffs

May 3, 2010

Summer Baseball monies due

May 8th and 15th 2010

BMHS Varsity Baseball in "Elite Eight" State Baseball Tournament

May 28, 29 and 30th 2010

Summer Ball Tournament in Rangley

July 7, 8, and 9th 2010

Summer Ball Rifle Tournament

July 16, 17 and 18th 2010

Summer Ball Rangley Tournament Part II

August 2 thru 5th

Summer Ball Fundraiser Tournament – Jewish Athletic Tournament

September 2010

Sign up for Regis Fall Ball League